

What's Included



Smartwatch



USB charging cable

Charging base



AC adapter

Features

Front



Touchscreen

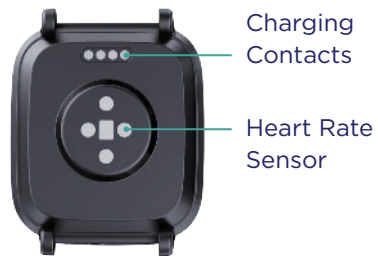
Help Button

Side



Speaker

Back



Charging Contacts

Heart Rate Sensor

Charging Your Smartwatch

- Connect the USB cable to the charging base and into the AC adapter. Plug into a power outlet NOT controlled by a light switch.
- Place the Smartwatch onto the charging base. You will hear a voice confirmation.
- Fully charge the battery daily or when battery is low.



The Smartwatch battery is not removable.

Power On

Press and hold the Help Button until the Smartwatch powers on.



Power Off

Swipe until you see the Power Off screen, press Power Off on the touchscreen.



Functions and Basic Settings

- When the Smartwatch is turned on, you can swipe left or right to view all available functions, such as heart rate, step tracking, settings, and more.
- On the Smartwatch Home screen, you can see the time, date, battery information, network connection, and signal strength.



Steps

Swipe to access the Step screen. Step counting is enabled by default. You can also view distance.



Heart Rate Measurement

Wear the Smartwatch on the left hand. Select heart rate. After several seconds, the screen will display your heart rate BPM.



General Specifications

Dimension:
46.9mm * 41.7mm * 15.4mm/
1.84in * 1.64in * 0.60in

Weight:
38g/1.34oz

Battery:
Rechargeable, 3.8V, 600mAh

Charging voltage:
5V/DC 1.0A

Waterproof:
IPX7

Activating an Alarm

Press and hold the Help Button for 3 seconds. The device will vibrate and display the alarm status on the screen. The Smartwatch will announce, **"Your Help Call is in progress..."**. The message will repeat 3 times. During this time, the wearer can cancel the call by pressing the Help Button or tapping the X on the touchscreen. If the alarm is not canceled during the 3 announcements, the response center will be called.




Fall Detection

The Smartwatch can automatically detect a fall. When this occurs the Smartwatch will announce to the user **"Fall has been detected..."**. This message will repeat 3 times. During this time, the wearer can cancel the fall alarm by pressing the Help Button or tapping the X on the touchscreen. If the alarm is not canceled during the 3 announcements, the response center will be called.



- Some daily activities like sports or even sitting down abruptly can trigger the fall alarm.

 In certain situations, some movements may not register as a fall and would not be detected. Always press your Help Button when able.



Your Smartwatch uses GPS and Wi-Fi technology to identify your location. In good conditions, the product should provide a location that is accurate within 30 feet or less. However, the performance of GPS can be affected by a wide range of factors, including obstructions, metal objects in the vicinity, structures that block the signal from satellites, weather and other factors.

Your Smartwatch uses the cellular network to communicate. The Smartwatch's location, network provider service availability, and other issues may disrupt communications.



Please comply with the instructions to extend the Smartwatch life:

- Do not use or store the watch in dusty, hot, cold, electric, or chemical areas. Keep the watch and accessories dry.
- Do not drop, shake or knock the Smartwatch. Rough handling can break it.
- Clean the Smartwatch with a dry cloth.
- Do not disassemble the Smartwatch as it will void your warranty.
- To avoid an accident, never allow the Smartwatch to distract you while driving.
- Turn off the Smartwatch in an aircraft and follow any restrictions. Wireless devices can cause interference in aircraft.



Smartwatch

The Smartwatch is designed to support a healthy and active lifestyle and provides fast and easy access to assistance at the press of a button.